

Hiltingbury Sports Newsletter

Volume Seven

Welcome to volume seven of Hiltingbury's Sports Newsletter. Welcome to new parents joining HJS who will be reading one of these newsletters for the first time and welcome also too to those parents who have read one, or more, of these before. I started writing these termly newsletters two years ago to share all things sport and P.E.-related within school. This includes: sporting competitions, inter-house competitions, P.E. lessons, extra-curricular clubs and much more.

Last year was a very successful year for sport and P.E. at Hiltingbury, winning the Eastleigh Sports Awards School of the Year as well as being awarded the Gold Award through the School Games Award scheme. We wanted to continue that positive momentum from last year with a jam-packed autumn term. This term has seen the first ever Winter FIFA World Cup (more on that later); London Marathon; Cricket World Cup in Australia and the Rugby League World Cup hosted by England. At school, we have competed in 7 inter-school competitions and events, including several league fixtures in the Winchester Schools Inter-School Boys' and Girls' Leagues. Additionally, we've participated in the Bike It programme, this term enjoying a Cycle To School Week, an Active Travel Week, a Bling Your Bike Day and some scooter skills sessions (to name but a few of the events). Our year-long inter-house sports event also kicked off this term with our Winter House Sports Events day just yesterday.

Enjoy reading what the school has been up to over the past 14 weeks.

Wishing you and your families a very merry Christmas and peaceful new year,

Mr Wright

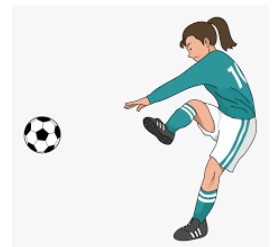
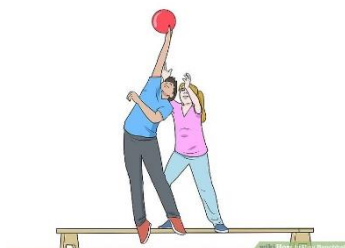
Extra-Curricular Clubs

Once again, we have seen a range of different extra-curricular sports clubs taking place this term: football, netball, dodgeball, cycling, multi-sports, street dance, running and benchball. Following children's feedback at the end of the summer term, this term we have also ran a girl's only football club (for years 3 and 4), which has been a huge success! We continue to be proud of the range of sports clubs that we have available for all of the children; this term 226 children have participated in at least one club!

Here are some quotes from children who've attended:

- *"Dodgeball is one of my favourite activities in the week!"*
- *"Friday is my favourite day of the week because of running club."*
- *"I feel way more confident in my dancing now."*

I want to once again say a huge thank you to all of the staff and providers of these clubs.



Winter Inter-house Sports

Just yesterday, we kicked off our annual Interhouse Sports competition this year with our Winter Interhouse Sports day. All of the children in school, representing their houses, competed in either basketball, dodgeball or benchball matches against the opposing houses within their year group. Despite the very cold conditions, the children really threw themselves into it and enjoyed representing their houses. The year six Sports leaders helped the teachers to run and referee the matches, providing them with an opportunity to demonstrate their leadership qualities. Yesterday's results will be added to the overall Interhouse Sports competition, running throughout the year. We will award our winning house after Sports Day in the summer term.

House Sports – Winter House Sports Standings



Attenborough = 1st

Hawking = 2nd

Franklin = 3rd

Anning = 4th



Men's Football World Cup

It's not every day that England play a World Cup football match during school time so, on Monday 21st November, we came together as a school to watch some of England's first fixture (vs Iran) in the hall. In the photos below, you can see some of the raw emotion felt when supporting the team. It was great to see the children united, supporting the national team and so happy with the result.



Also, during this tournament, each class has participated in a World Cup sweepstake, with each child randomly allocated one team to follow over the last month. A huge well done to all of the children who completed their country's homework research task. We will be making a display in school to showcase some of these projects.

Qatar



- Qatar is the host of the FIFA world cup 2022
- Qatar is a small, wealthy country in the Middle East. It's an emirate, a country ruled by a leader called an emir. The capital is Doha. The country only shares one short land border with Saudi Arabia that lays to the South of Qatar. The border length is 87 km/ 54 miles.
- Qatar has a dry desert climate and temperatures can easily reach more than 40° C/ 104°F in summer. Natural hazards include sand storms, dust storms and haze happens.

□ Qatari cuisine is made up of traditional Arab cuisine. Machbūs, a meal consisting of rice, meat, and vegetables, is the national dish in Qatar, typically made with either lamb or chicken and slow-cooked to give it a depth of flavour. Seafood and dates are staple food items in the country.

□ Qatar is a rich country because of its reserves of oil and natural gas. The country also produces chemicals and steel. Banking is important to the economy as well. Qatar's few crops include dates, melons, tomatoes, and squash. Herders raise sheep, goats, and camels.

By Oliver 6C



Sports Fixtures and Events



Years 5-6 Commonwealth Games Legacy Event

In the sunshine over King's School in Winchester, this brilliant group of 10 children had a fantastic afternoon playing a range of Commonwealth sports. Building on the legacy of the 2022 Birmingham Commonwealth Games earlier this year, Kings' School hosted an afternoon of fun, non-competitive sport for Eastleigh and Winchester schools. Each of the children had a go at a range of different sports, most of which they hadn't tried before, including: squash, boxing, badminton, netball, boccia, archery and more. Orla said her favourite sport was the basketball while Barney enjoyed the boxing the most. The children showed great enthusiasm, trying their best at each and every one of the activities.

Year 6 Boys' Football Tournament

At the very start of this term, Hiltingbury participated in a Y6 football tournament at Toynbee Secondary School. The team played really well all afternoon, winning one match, drawing two and losing one. Well done to all of the boys for playing with such enthusiasm.



Year 6 Basketball Tournament

Last month, Mr Cross took six year six children to Kings' School in Winchester for an inter-school basketball competition. Whilst the team did not necessarily get the results their efforts deserved, Mr Cross relayed that they showed a brilliant team spirit, were always encouraging of one another and gave 100% throughout. Well done to our Hiltingbury basketballers!

Year 5-6 Girls' Football League Matches



Hiltingbury 2 – 2 Knightwood



Crescent 4 – 2 Hiltingbury

Year 6 Boys' Football League Matches



Hiltingbury 2 – 1 Knightwood



Crescent Primary 1 – 1 Hiltingbury

Please send in children's sporting successes from outside of school to adminoffice@hiltingbury-jun.hants.sch.uk so that we can celebrate these in assembly. This might be a weekend tennis competition they participated in, moving up a group in their swimming lessons or that they've tried out a new sport for the first time and loved it. We really love hearing and sharing these successes!

7 events
entered this
term.

37 children
participated in
at least one
event.

A Question of Sport: Miss Bristow

What is your favourite sport?

I have two sporting loves – netball and ice skating. Netball I do the most now: playing, coaching and watching. Ice skating I did a lot when I was younger, training and competing, now I just go for fun.



Why do you think exercise and sport are important?

Sport and any form of exercise and activity is so important for our mind and body; after doing it you always feel better. Sport is great to keep you active; is a brilliant way to take a break from other things and is a lot of fun when working together in a group for team sports.

What exercise do you enjoy and why?

Lots of my exercise comes from my training for netball but I have started to do more running. I enjoy the netball because I love the sport and enjoy practicing and playing with my team. I am now really enjoying the running as opportunity to have a break and like to listen to music or a podcast.

If you could try any sport, what would it be?

There are quite a few sports that if I could I would like to try. Whenever I see these on the TV I always think; 'I wonder what it is like to do that.' One of them would be pole vault because I think it's bizarre that you can use a single pole of that length to go over another pole, which is so high. I love watching the gymnastics so any of the apparatus you see at the Olympics. The last one would be a sky dive for the views and adrenaline rush!

If you could play sport with any sportsperson, what and who would it be?

Because of my memories of the 2012 Olympic Games, it would have to be Jessica-Ennis Hill. I think she would be a fantastic person to meet and play/do any sport with. If it were to choose somebody competing in national sport now, then it would have to be Helen Housby, one of the England Roses for netball.



Bike It Activities



As a school, we have been working with the local Sustrans Bike It officer – John Clode – to promote active travel to and from school as much as possible this term. We have run a Bike to School Week, an Active Travel Week, a Bling Your Bike Day, two Bike Dr sessions, a day of scooter skills sessions on the playground and, more recently, the Active Advent Elf has returned, finding homes on children's bikes and scooters!

Despite the unpredictable weather at times, it has been great to see so many children engage with these different initiatives and walk, scoot or cycle to school where possible. Look out for new initiatives and events in the spring term.



Thank you for reading.

Wishing you a merry Christmas and happy new year.

Mr Wright

