



HILTINGBURY HIGHLIGHTS

OCTOBER 10TH - ISSUE #4



HEADTEACHERS MESSAGE

Dear Parents and Carers,

It's been another fantastic week in school, with exciting visitors supporting our curriculum projects.

Year 3 had a brilliant trip to Hiltingbury Lakes as part of their geography project, "Are We Part of Something Bigger?" The children enjoyed exploring the local area and making links to their learning back in class. A huge thank you to the Year 3 team and our parent volunteers who helped make the trip such a success!

We were delighted to welcome some of you into school this week for our Embrace meeting. Mrs Uphill, our new SENDCo, introduced herself and shared an overview of how we support children across the school. Mrs Boden gave a helpful recap on Thrive and discussed our Zones of Regulation and toolboxes that help children manage their emotions and develop strategies for wellbeing.

A big thank you to Mr Achilles for organising our World Mental Health Day activities. The day has been a great success, helping raise awareness and reminding us all of the importance of looking after our mental health. Thank you to everyone for your support and participation! We're so proud of the enthusiasm, teamwork, and positivity shown across the school this week. Wishing you all a lovely weekend.

Charlotte Hartley
Acting Headteacher

UPCOMING EVENTS

Y6 HOOKE COURT RESIDENTIAL MEETING 4PM REMOTE MEETING, OCTOBER 14

YEAR 5 PARENT OUTCOME- PARENTS INVITED, OCTOBER 20 2PM

PARENTS EVENING, OCTOBER 20 & 22

RAFFLE TICKET WINNERS NON UNIFORM DAY, OCTOBER 21

YEAR 3 PARENT OUTCOME- PARENTS INVITED, OCTOBER 21 2.30PM

HALF TERM - OCTOBER 27-31



WEEKLY YEAR GROUP HIGHLIGHTS

Year 3

[Link to our Weekly Highlights & Gallery](#)

Year 4

[Link to our Weekly Highlights & Gallery](#)

Year 5

[Link to our Weekly Highlights & Gallery](#)

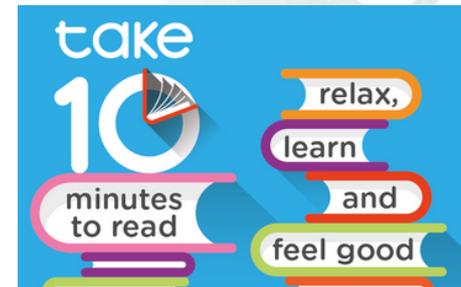
Year 6

[Link to our Weekly Highlights & Gallery](#)



READING TAKE 10

We would like to share this article from the National Literacy Trust. At Hiltingbury Junior School we wholeheartedly believe that reading has many benefits.



Take 10 minutes to read every day

The benefits of reading are endless

Sharing a book with a child is fun. It's a time for affection, laughing and talking together. And it can also give children a head start in life and help them become lifelong readers.

Reading for at least 10 minutes every day is great for your child's happiness, wellbeing and, of course, for improving their reading and writing.

Making time to regularly read with your children can help them to:

Relax and unwind.

Escape from the pressures of life.

Improve memory, concentration and focus.

Ten tips to help your child take 10 minutes to read every day

Follow our top tips to help everyone in your family build a daily reading habit:

Create a routine, set a specific time each day to read that works best for your family. You could set up a cosy reading corner at home or be out and about!

If your child is an independent reader, make sure you grab your favourite book to read as well to show them how important reading is to you.

Set a timer to help you all hit 10 minutes.

Turn off your phone or TV so there are no distractions.

You could pop to the library to find the perfect book, magazine or comic for you and your children.

Create a Take 10 reward board where everyone gets a star for every 10 minutes they read, and at the end of the week everyone can get a treat.

Create a bookmark based on your child's favourite book or character.

Get creative with technology and set up a Zoom call with loved ones who live far away. What better way to share the Take 10 challenge with family?

Why not go digital and try one of many audio books to stir up creativity with reading?

Read a book as a family and then find the movie that matches it so you can watch for family movie night.



WALKTOBER!

Prizes up for grabs for some of those who chose to cycle to school to promote sustainable travel.

We are taking part in Walktober 2025!

As we head into Autumn, it's important that we all keep active and where possible, get outdoors. To encourage this, the My Journey Team at Hampshire County Council has invited schools to celebrate International Walk to School Month by taking part in Walktober.

This event is designed to inspire pupils, families and staff to travel actively and sustainably throughout October.

We are hoping as many of our pupils, families and staff as possible travel actively throughout October by walking, wheeling, cycling, scooting, using Park and Stride or public transport to and from school and in their leisure time.

We want to hear about your active and sustainable journeys! Throughout October we will be inviting our pupils, staff and parents/carers to complete a My Walktober Journey Report and share stories of their active and sustainable journeys in an effort to inspire others to give it a try.

Your Walktober Journey Report could be:

- A report, a poem or a rap.
- A collage of photos.
- PowerPoint presentation.
- A voice recording like a news report, diary, blog or podcast.

You can be as creative as you like!

Entries can explore any active journey, not just the journey to school, so can include for example: road safety walking/wheeling trips, using public transport for a school trip, leisure time active travel trips, projects to reduce pollution such as encouraging home transport to switch engines off when stopped etc.

Pupils can enter their completed Walktober Journey Report into the pupil competition below alongside more details: <https://myjourneyhampshire.com/walktober>

There are some great prizes for both pupils and the school to win.

Competitions close on Friday 7th November 2025.

Please bring your reports into school and give to Miss Oliver so we can celebrate your sustainable travel!

Alongside Walktober, we are also giving out prizes next week to some of those who chose to cycle to school to promote sustainable travel.

You can make a pledge and find more information at:

<https://www.bikeability.org.uk/cycletoschoolweek/>



Let's get moving this Walktober!

Get moving for our wellbeing, our community and our planet

Parent and Carer Information

Travelling actively and sustainably can help make a change for our wellbeing, our community and our planet.

Our school is taking part in International Walk to School Month by joining the Walktober challenge run by the My Journey Team at Hampshire County Council.

We would like as many pupils, families and staff as possible to get involved by walking, wheeling, cycling, scooting, using Park and Stride, or taking public transport throughout October.

There are competitions for pupils and our school to enter for a chance to win some fantastic prizes. Both competitions are fully funded by the UK Government.



For the latest active travel news, like and follow

 @myjourneyhants

 @myjourneyhampshire

 @MyJourneyHants

myjourneyhampshire.com/walktober

Walktober 2025 - Pupil Competition

Whether you and your child regularly walk, wheel, cycle, scoot, Park and Stride or take public/school transport - or you're planning to give it a try - by sharing the story of their journey, your child can enter the pupil competition and help support our school's entry too.

How it works:

- To enter the 'MyWalktober Journey' pupil competition, your child should create a report about an active or sustainable journey. They will receive a pupil instruction sheet with information and ideas to include in their report.
- Journey reports could be a written account, poem or rap, voice recording, video, presentation, drawing, map, collage or any other creative idea they'd like to share. If you need a bit of inspiration, visit myjourneyhampshire.com/walktober to see some examples.
- If happy to, journey reports can be handed to a teacher or sent to the school office. We will share these alongside staff stories to help inspire others to swap a car journey for a more active, sustainable one.
- We would also love to hear from any parents and carers who have their own active journey stories to share. Perhaps you walk to school and then catch a bus to work or use a cargo bike for the weekly shop. Your experience could encourage others to give it a go.
- Once complete, visit myjourneyhampshire.com/walktober for competition entry details and the full terms and conditions. The competition closes on **Friday 7th November 2025** and winners will be notified by the end of term.
- If you need any assistance entering the competition, please ask if we have a Walktober pupil competition collection point available.

#Walktober
Please do share your
fun-filled Walktober
activities with us by
tagging #Walktober.

For the latest active travel news, like and follow
f @myjourneyhants

ig @myjourneyhampshire

X @MyJourneyHants

myjourneyhampshire.com/walktober



13
NOV

JOIN US IN FOR A

DISCO

GROOVE TO GROW OUR GROUNDS

Save the date

13th November 2025

Lower school 3.20-4.30pm

Upper school 5-6pm

TICKET PRICE
£5

TICKETS WILL BE AVAILABLE
TO PURCHASE VIA YOUR
ARBOR ACCOUNT

TICKET SALES WILL OPEN ON 10TH OCTOBER