

STOP AND THINK!
Have you completed the double-checking confirmation sheet?

ALLERGY AWARE –with Meat

This menu is suitable for children with an allergy and/or intolerance within the 14 main EU allergens.

This menu contains **FISH AND SOYA.**

If a pupil has a food allergy or intolerance to **FISH OR SOYA** they should be provided with an alternative meal or dessert choice from this menu for that day (E.g. SD Tomato Pasta or Jacket Potato)

Any allergens warning are shown in **RED**

NOTE: All special diet recipes will be noted with 'SD' in front of the recipe. If 'SD' is stated, please ensure you are following the special diet recipe of the dish.

OPERATOR: If selector recipes have been used, please refer to the allergy aware selector menu to align to school's menu please cross check the allergens to ensure no additional allergens are present.

THIS MENU DOES CONTAIN FULLY REFINED SOYBEAN OIL AND GLUTEN FREE (GF) OATS

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WITH MEAT ALLERGY AWARE WEEK 1

W/C: 20/04/2026, 11/05/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	<u>SD</u> Vegan Cheese & Tomato Pizza 93174975 with Potato Wedges 93156646	<u>SD</u> Meatballs 93219571 with <u>SD</u> Pasta CONTAINS SOYA 93163235	Roast Chicken 93035093 with Roast Potatoes 93035127 and Gravy 93034775	<u>SD</u> Macaroni Cheese CONTAINS GF OATS & SOYA 93180465	<u>SD</u> Fish Fillet CONTAINS FISH 93166795 with Chips 93040525
VEG	All main meals are served with two vegetables. NO SELF-SERVE SALAD BAR. PRE-PLATED, COVERED SALAD ONLY.				
DESSERT	<u>SD</u> Orange & Mango Frozen Fruit Smoothie 93166797	<u>SD</u> Coconut Yoghurt 93200113	<u>SD</u> Strawberry Jelly 93290175	<u>SD</u> Lazy Day Shortbread 93177181	<u>SD</u> Strawberry Frozen Fruit Smoothie 93166798

AVAILABLE DAILY

- ✓ Jacket Potato with Baked Beans or Vegan Cheese (93034839 / 93227189)
- ✓ SD Tomato Pasta (93171286) **CONTAINS SOYA**
- ✓ Cool Water, Apple, Banana or Orange (93041624/ 93041625/ 93065473), SD Coconut Yoghurt (93200113)

ONLY SERVE WHAT IS ON THIS MENU
SD = SEPARATE SPECIAL DIET RECIPE

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WITH MEAT ALLERGY AWARE WEEK 2

W/C: 27/04/2026, 18/05/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	<u>SD</u> Bean Burrito 93281952 with Wholegrain Rice 93035026	<u>SD</u> SD Vegan Sausage 93200114 with Mashed Potato 93147119 and Gravy 93034775	Roast Chicken 93035093 with Roast Potatoes 93035127 and Gravy 93034775	BBQ Chicken 93278107 with Rainbow Rice 93276731	<u>SD</u> Fish Fillet CONTAINS FISH 93166795 with Chips 93040525
VEG	All main meals are served with two vegetables. NO SELF-SERVE SALAD BAR. PRE-PLATED, COVERED SALAD ONLY.				
DESSERT	<u>SD</u> Orange & Mango Frozen Fruit Smoothie 93166797	<u>SD</u> Coconut Yoghurt 93200113	<u>SD</u> Strawberry Jelly 93290175	<u>SD</u> Lazy Day Shortbread 93177181	<u>SD</u> Strawberry Frozen Fruit Smoothie 93166798

AVAILABLE DAILY

- ✓ Jacket Potato with Baked Beans or Vegan Cheese (93034839 / 93227189)
- ✓ SD Tomato Pasta (93171286) **CONTAINS SOYA**
- ✓ Cool Water, Apple, Banana or Orange (93041624/ 93041625/ 93065473), SD Coconut Yoghurt (93200113)

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WITH MEAT ALLERGY AWARE WEEK 3

W/C: 13/04/2026, 04/05/2026,

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	<u>SD</u> Vegan Cheese & Tomato Pizza 93174975 with Potato Wedges 93156646	Beef Bolognese 93300541 with <u>SD</u> Pasta CONTAINS SOYA 93163235	Roast Gammon with Roast Potatoes 93035127 and Gravy 93034775	Savoury Vegetable Rice 93216240	<u>SD</u> Fish Fillet CONTAINS FISH 93166795 with Chips 93040525
VEG	All main meals are served with two vegetables. NO SELF-SERVE SALAD BAR. PRE-PLATED, COVERED SALAD ONLY.				
DESSERT	<u>SD</u> Orange & Mango Frozen Fruit Smoothie 93166797	<u>SD</u> Coconut Yoghurt 93200113	<u>SD</u> Strawberry Jelly 93290175	<u>SD</u> Lazy Day Shortbread 93177181	<u>SD</u> Strawberry Frozen Fruit Smoothie 93166798

AVAILABLE DAILY

- ✓ Jacket Potato with Baked Beans or Vegan Cheese (93034839 / 93227189)
- ✓ SD Tomato Pasta (93171286) **CONTAINS SOYA**
- ✓ Cool Water, Apple, Banana or Orange (93041624/ 93041625/ 93065473), SD Coconut Yoghurt (93200113)

ONLY SERVE WHAT IS ON THIS MENU
SD = SEPARATE SPECIAL DIET RECIPE