

# HILTINGBURY HIGHLIGHTS

Issue 16  
31st January 2025

## Headteacher's message

Dear Parents and Carers,

We started our week with a whole school assembly introducing The Empowerment Approach. The children had their first insight into this new way of thinking, learning about key Executive Functioning skills such as memory, thinking speed, flexible thinking, attention control, impulse control and emotional and energy regulation. We emphasised that, just like any other skill, these abilities grow stronger with practice and experience. In the afternoon, we held our Connected Parent meeting, where we explored this journey further with Parents and Carers. A key message was shared that through this approach, we empower ourselves by understanding how our brains work, how our behaviour influences others, and how we can support children in reaching their full potential, both now and in the future.

A huge thank you to everyone who attended our Maths Parent Evening last night. We hope it provided valuable insight into our Maths Mastery approach through the progression of shape and space across the school. A special thanks to our dedicated staff Maths team for their hard work in planning and delivering this event.

This week, our staff meeting was a little different - we had the chance to play! Mrs Richardson introduced us to our new loose parts play area, where we built obstacle courses, rolled tyres, created dens, and even constructed a car from loose parts. We're excited to introduce this activity to the children as part of Children's Mental Health Week on Monday 10th February. Finally another highlight to celebrate this week has been the installation of our new library! This has been a project in the making for some time now and to hear the children share how excited and pleased they are with the outcome has made it all worthwhile!

With our official opening in a few weeks, we hope the children will be able to visit this new special place next week.

Wishing you all a wonderful weekend.

Zoe Lousemore



### Dates for your diary -

*Please check the school website calendar for more events and information*

**Tuesday 4th February** - Y4 Butser Hill trip

**Wednesday 5th February** - Y6 NCMP nursing team in school

**Thursday 6th February** - Film Night - charity fundraiser. Tickets on sale via Arbor

**Wednesday 12th February** - Embrace parent meeting 9am

**WC 10th February** - Children's Mental Health Week - information below

**Friday 14th February** - HSPTA fundraiser 'Break the Rules Day'

*Half term - 17th - 21st February*

# Weekly Year group highlights

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## Year 3

[Link to our Weekly Highlights & Gallery](#)

## Year 4

[Link to our Weekly Highlights & Gallery](#)

## Year 5

[Link to our Weekly Highlights & Gallery](#)

## Year 6

[Link to our Weekly Highlights & Gallery](#)



# Smartphone and Online Safety Event for Parents

Community event : Smartphone & online safety event  
To sign up and for more information see the link below:

<https://www.eventbrite.co.uk/e/smartphone-health-harms-hampshire-expert-panel-qa-tickets-1140710408539>

# Highlight Well-being

**Children's Mental Health Week**  
**Monday 10th February – Friday 14th February**



*This year, Children's Mental Health Week is focussing on Know Yourself, Grow Yourself and aims to put a spotlight on how we can build resilience, grow and develop by understanding who we are and what makes us tick. The more we understand about ourselves, the better we're prepared to tackle life's ups and downs. By also helping children get to understand and accept themselves, they start to build self-awareness.*

*We are very excited to share that we will be celebrating Children's Mental Health Week on the 10th-14th February and we have packed it full of fun and engaging activities including launching our new Loose parts play provision with the children and our new fabulous school Library!*

*On Friday 14th February our HSPTA have also organised our annual 'Break the Rules Day'. It's the ultimate mufti day, on the last day of term! For more information and how to donate please go to the HSPTA website - <https://www.pta-events.co.uk/hspta/index.cfm?event=event&eventId=92649>*

*You can download the official free resources for families to help you take part in Children's Mental Health Week at home. The resource pack includes tips for families around encouraging children and young people to express their emotions.*





# FILM : MINIONS

TICKET SALES GO LIVE VIA ARBOR ON 23.01.25 AT 12PM  
TICKET SALES WILL CLOSE WHEN WE REACH CAPACITY  
OR BY 12PM ON 3RD FEBRUARY.

## MOVIE NIGHT LIGHTS, CAMERA, COMPASSION

THURSDAY 6TH FEBRUARY 2025  
DOORS OPEN 3.20PM  
PICK UP 5.15PM  
TICKETS £5 AND INCLUDE TREAT



CHARITY FUNDRAISER IN ADD OF HELPFUL HOUNDS