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12th May 2021

Dear Parents and Carers,

Relationships and Sex Education (RSE) & Drugs Education Information evening

Safeguarding our children is of paramount importance to us at Hiltingbury Junior School. We also believe it is essential that children are provided with age-appropriate information to assist them in making sensible choices and developing respect for themselves and others as they make the transitions through Primary and into Secondary school.

We use resources from 'The Christopher Winter Project' to support the teaching of Drugs Education and SRE throughout the school. These resources have been commended by the PSHE Association, they reflect the recent developments in Primary Sex Education and the Science National Curriculum and have been approved by our Governing Body.

Please see below for information regarding exactly what the key objectives being taught in each year group will be. If you would like further information and to be shown some of the resources which will be used in the teaching of SRE and Drugs Education at Hiltingbury, you are invited to attend an information evening to be held on Thursday 20th May 2017 at 5:30pm online.

NB: This is an online repeat of previous years' meetings.

Here are the Zoom details:

Topic: HJS SRE / Drugs Ed Info Meeting
Time: May 20, 2021 05:30 PM London

Join Zoom Meeting
<https://zoom.us/j/95391721195?pwd=Z2hrL1J0NnBvMdBhMFBWYVIYOXp5UT09>

Meeting ID: 953 9172 1195
Passcode: wU4wV0

Kind regards,

Caroline Deacon

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PDL Subject Leader



SRE Programme of Study

In Year 3 children will:

- Know some differences and similarities between males and females
- Understand personal space
- Explore different types of families and who to go to for help and support

In Year 4 children will:

- Describe the main stages of the human lifecycle eg toddler – teenager – adult
- Identify some basic facts about puberty
- Understand that children change into adults so that they are able to reproduce

In Year 5 children will:

- Explore the emotional and physical changes occurring in puberty
- Consider physical & emotional behaviour in relationships
- Explore the impact of puberty on the body and the importance of physical hygiene

In Year 6 children will:

- Describe how and why the body changes during puberty in preparation for reproduction
- Consider physical & emotional behaviour in relationships
- Explore the process of conception and pregnancy
- Explore positive and negative ways of communicating in a relationship

Drugs Education Programme of Study

In Year 3 children will:

- Consider smoking and its effects
- Understand the impact of smoking and passive smoking
- To know some strategies to prevent starting smoking

In Year 4 children will:

- Understand the effect alcohol has on the body
- Understand the risks related to drinking alcohol
- Consider how society limits the drinking of alcohol

In Year 5 children will:

- Know about a range of legal and illegal drugs including their effects on the body
- Consider children's attitudes and beliefs about drug use and drug users
- Consider strategies to resist drug use

In Year 6 children will:

- Understand the effects, risks and law related to cannabis
- Understand the risks of VSA (Volatile Substance Abuse)
- Become aware of the options for getting help, advice and support