

Hiltingbury Highlights

Issue 97 1st July 2022

### Message from Miss Loosemore Dear Parents and Carers,

What an outstanding performance our year 6 cohort have put on for us all to enjoy this week. The children brought to life the storyline of Aladdin with their talented acting skills, superb dancing and their uplifting singing voices. It was a very proud moment for each and everyone of them! Grace in Year 6 shared 'Our Aladdin production was very fun to perform and a great success. The entire year 6 team played a big part in the performance and everyone has really enjoyed it.'

Our first transition day this week offered all children the opportunity to spend time with their new classes and Teachers. We were also able to welcome our new year 3 cohort into school and share with them the experience. The day started with an assembly sharing the idea that we will all grow together next year and just like trees and plants need support to help them grow, we need support to help us grow emotionally, academically and socially. We need our Parents and Carers, our Teachers and our friends to help us to believe in ourselves, to keep going, and to try doing things a bit differently and working altogether as a school community we can all help each other to thrive next year.

Next week Year 6 are off on their residential to Barton Hall. We wish them all a safe journey and for them all to enjoy every single second of fun! Thank you so much to the staff for all of the hard work that this opportunity has already involved and for giving up their time to enable the children to enjoy such an experience.

What a fantastic end to the week with our annual sports day! We have all thoroughly enjoyed watching the children take part in the multi skills and sprint races. The children all showed great sportsmanship and so did our brave Parents and Carers taking part in their chance to compete. It has been a community event that had made us all feel so proud to be part of such a great team.

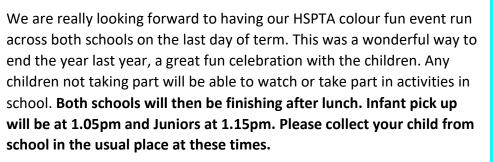
We wish you a very happy weekend as always.

Best wishes, Zoe Loosemore

> Link to our school website calendar for dates and events

Website Calendar Link

#### Last day of term



# Híghlíght Wellbeing

#### **Endings and Beginnings**

Hopefully your child is excited and positive about visiting their new classes and talking about next term, but it is also natural to have some concerns or doubts regarding change. Here are some tips to help support your child if they express any worries

 Listen and empathise with your child about how they are feeling, before you do any kind of problem solving, this connection will help them feel understood and validated.
Eg: 'I can understand that you are feeling sad about not being in the same class as X, you have been good friends this year haven't you?'

2. Normalise any feelings of uncertainty regarding change.

Eg: 'It is ok, I remember feeling worried when I started a new class/school/job, it's normal for people to feel a bit worried when things are changing.'

3. Realities - Remind your child that they have done this several times already in life.

Eg: 'Do you remember how you felt this time last year about joining year X'

'If you are going into year 6 now, this will be the 6th time you have been on a journey like this!'

### 4. Look at strategies together -

Eg: 'Can you think of something that will make it easier for you?' 'Who could you talk to/ask questions about what you are worried about?' 'Are there other times in the school day that you can see friend X?'

## 5. Build on successes/positivity

We are learning from everything, all the time. Sometimes experiences which are challenging can lead to the most personal growth and lay foundations for how to cope with future problems and challenges.

Eg: 'Do you remember when you were really worried about going swimming? Now I know it is one of your favourite activities'.

5. **Talk about changes** that are occurring all the time, throughout life. Nothing stays the same, study things in nature. The weather, the seasons, the growth of people and plants, even geologically, things are shifting, evolving and changing. Nothing is static, acknowledging and accepting this can be comforting.

Change is the only thing that remains constant

6. Communicate with your child's current class teacher if you have ongoing concerns about your child's wellbeing.

HSPTA

#### LAST CHANCE!! SALE ENDS TONIGHT! - HSPTA Tea Towel Fundraiser

For a preview of what your child's year group tea towel will look like, and to purchase, please go to our website <u>www.pta-events.co.uk/hspta</u> Tea towels will be delivered in the last week of term via your child's bookbag. <u>We</u> <u>unfortunately will not be able to accept any requests for late orders!</u>

#### Year 2 & Year 6 leaver legacy books

As a nice leaving school gift from your children, we would like to offer all year 2 & year 6 students the chance to choose a legacy book to give to the school, using the link below to visit the school's wish list –

Infant School (Year 2) - https://schools.scholastic.co.uk/hiltingbury

Junior School (Year 6) - https://schools.scholastic.co.uk/hiltingbury-so53-5np

#### The deadline for orders to be placed is 8th July 2022.

This is a practical way that we can thank the schools and also a fantastic opportunity for your child to leave behind something special for future generations to enjoy.



To celebrate the end of the 2022 school year, the HSPTA will be running an event for your children called "Colour Fun" on the last day of term, Thursday 21<sup>st</sup> July. This event will take place during school hours and the children will participate in their years groups, at separate times in the morning. We will be setting up a small course on the school grounds - one on the playground for the Infant school and one on the field for the Juniors. At various points along this course, coloured powder (coloured corn starch) will be thrown by volunteers for the students to move through. Staff and volunteers at the colour stations have been instructed to throw powder low and will do their best to direct the powder at the torsos of

participants, however, wind and other factors can result in powder travelling upwards toward the face and as such, you may wish for your child to bring their own eye protection such as sunglasses or goggles, or a bandana/face mask for students with respiratory conditions. By the end of the route, we hope they will be rainbow coloured and have a huge smile on their face!

Colour Fun tickets are being sold via our website <u>www.pta-events.co.uk/hspta</u> for only £5! You can also purchase a white colour fun logo'd T-shirt for them, so they don't ruin their own clothes and have a lasting keepsake of the day, for an additional £5. Before purchasing a ticket for this event, please read our <u>waiver</u> carefully as your child will NOT be able to take part unless you agree to it. If you have a question, or require further information, please email us at <u>events.hspta@gmail.com</u>

## **Rainbow Raffle**

Hopefully your children have come home with 5 Colour Fun 2022 raffle tickets, for our HSPTA rainbow hamper raffle, happening on Wednesday 20<sup>th</sup> July 2022. If you haven't received any tickets, but wish to take part in our raffle, or if you want to purchase more than the 5 allocated to you, please go to the reception desks at either school where you will be able to ask for extra tickets. Once you have filled in the ticket stub with your name and contact information, please tear off the long colourful part and keep that for yourself and return the stub in an envelope with payment (£1 per ticket) to either of the school receptions.

A request for raffle donations, along with more information about this raffle, will be sent out via Parentmail soon. The draw will take place live at 3pm on our Facebook and prizes will be handed out on the last day of term. Good luck!

