

Parent Forum 22.10.15

The key item on the agenda was the school Snack Shop which has recently been re-started at morning breaks.

The main issues that were discussed were:

- Levels of sugar in some of the items available
- Sugar content versus calorie content (e.g. in cereal bars)
- Communication to parents as to what was available in the snack shop (this cannot remain fixed as not all items are available all the time when school goes to the wholesaler)
- The problems with fruit being offered and how long this can be kept
- The price range and what school can acquire easily in that price range
- The man-hours it takes to organise and run the shop
- The idea that we have a duty to educate the children in making choices about a balanced diet rather than removing all options to them
- We would not please all parents – the bread roll debate was a case in point!
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By the end of the meeting we had agreed:

- To communicate an indication of what is available via the Highlights
- To look at sugar content as a key driver in deciding what is made available
- An agreed set of core staples was agreed